

THE PIG



Rise, Recharge & Refuel Pilates Morning
at THE PIG-in the Cotswolds

Menu

Served with a steaming cup of tea or filter coffee

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Almond Oat Protein Balls

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Apple & Flax Seed Bites

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Blueberry & Dark Chocolate Overnight Oats

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Summer Yoghurt Pot

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Beetroot & Strawberry Smoothie